



Standard Box Lunch

Choose up to 5 options from below for your group:

Boxed Sandwich Lunch 1000

Each box contains a full sandwich (Assorted Turkey, Tuna, Ham, & Vegetarian), side garden salad, a bag of chips, gourmet cookies, beverage, condiment/dressing packets, utensils & a napkin.

Gluten-Free

Boxed Sandwich Lunch 1000

Each box contains a full-size mixed greens salad with garden vegetables topped with your choice of protein (Sliced Grilled Chicken, Tofu, & Grilled Vegetables), a bag of chips, gourmet cookies, beverage, dressing packet, utensils & a napkin.

Deluxe Box Sandwich Lunch

Each box contains a full sandwich, garden salad OR hand fruit, bag of chips, gourmet cookies, a beverage, utensils & a napkin.

Choose up to 4 types from below:

Tuscan Grilled Chicken

with Sun-Dried Tomatoes, Artichokes,
Field Greens & Pesto Mayo

Roasted Eye Round of Beef

with Gorgonzola, Roasted Red Peppers,
Field Greens & Rosemary Mayo

Buffalo Chicken Wrap

with Breaded Buffalo Chicken, Crumbled
Blue Cheese, Celery, Field Greens & Blue
Cheese Dressing

Balsamic Glazed Vegetable Wrap

with Grilled Vegetables, Goat Cheese,
Field Greens & Balsamic Glaze

Roast Turkey

with Crumbled Blue Cheese, Field
Greens & Mayo

Ham & Brie

with Field Greens & Honey Mustard Sauce

Boursin Roast Beef

with Arugula, Peppadew Peppers & Boursin
Cheese Spread

Santa Fe Grilled Chicken

with Roasted Corn & Black Bean Salsa,
Field Greens & Chipotle Mayo



B

Deluxe Box Salad Lunch

Each box contains a full size specialty salad with dressing, hand fruit, bag of chips, gourmet cookies, a beverage, utensils & a napkin.

Choose up to 2 types from below for your group:

Buffalo Chicken Salad

with Breaded Buffalo Chicken, Romaine Lettuce, Grape Tomatoes, Crumbled Blue Cheese, Croutons & Blue Cheese Dressing

Chicken Caesar Salad

with Grilled Chicken, Romaine Lettuce, Shaved Parmesan Cheese, Grape Tomatoes, Croutons & Caesar Dressing

Asian Chicken Salad

with Panko Breaded Chicken, Romaine Lettuce, Sugar Snap Peas, Carrots, Mandarin Oranges & Asian Sesame Ginger Dressing

Southwest Chicken Salad

with Grilled Chicken, Baby Field Greens, Black Bean Corn Salsa, Grape Tomatoes, Avocado, Tortilla Strips & Lime Chipotle Vinaigrette

Roasted Beet Salad (Vegetarian)

with Arugula, Roasted Beets, Grape Tomatoes, Goat Cheese & Italian Dressing

Greek Salad (Vegetarian)

with Baby Field Greens, Red Onions, Feta Cheese, Kalamata Olives, Cucumbers & Italian Dressing



Individual Hot Meals

15 person minimum

Each meal comes with (packaged separately) a boxed side garden salad with salad dressing, wrapped house-made cookies, a beverage, utensils and a napkin.

Choose 2 Sides from below for your group:

Green Beans & Mushrooms
Fresh Vegetable Medley
Glazed Carrots
Garlic Mashed Potatoes
Country Mashed Potatoes
Red Roasted Potatoes

Ziti Marinara
Pasta Primavera
Penne a la Vodka
Spanish Rice
Wild Rice & Dried Cranberries
Vegetable Rice Pilaf

Choose 1 Entree from below for your group:

Chicken Francaise - Boneless, skinless chicken breast cutlets dipped in egg batter and sauteed with lemon, white wine and a hint of garlic

Chicken Marsala - Boneless, skinless chicken breast cutlets dipped in egg batter and sauteed with mushrooms and marsala wine

Chicken Teriyaki - Boneless, skinless, seasoned chicken breast char broiled and finished with a tasty teriyaki sauce

Bourbon Chicken - Sliced boneless, skinless chicken marinated and finished in our Tennessee bourbon sweet and sour mash sauce

Chicken Cutlet Parmesan - Classic chicken breast cutlet topped with marinara sauce and mozzarella cheese then baked to perfection

Grilled Lemon Peppercorn Chicken Thighs - Boneless chicken thighs seasoned with lemon and peppercorn, served with sauteed spinach

Chicken Cacciatore - Boneless, skinless chicken thighs sauteed with mushrooms, onions and peppers in a light tomato sauce

Citrus Marinated Roasted Chicken - Topped with a red onion mango salsa

Roast Turkey or Roast Beef - Served with homestyle gravy

Chipotle BBQ Pulled Pork or Pulled Chicken - With a spicy dose of chipotle

Sausage & Peppers - Smothered in a rich tomato sauce with peppers and onions

Meatloaf or Turkey Meatloaf - Served with homestyle gravy

Meatballs Marinara - Simmered in a rich marinara sauce

Individual Vegetable Lasagna Pinwheels - Our own mixture of spinach, red peppers and spices blended with fresh ricotta, mozzarella and romano cheeses are hand rolled into mini lasagnas

Stuffed Eggplant Rollatini - Thin sliced eggplant filled with a three cheese blend, topped with marinara and mozzarella cheese



Breakfast

Coffee And...

Assorted muffins, yogurt loaves and pastries.
Regular and decaf coffee, tea, all setups and disposable paper products.

Complete Continental

Assorted muffins, yogurt loaves, pastries and a fresh sliced fruit platter.
Regular and decaf coffee, tea, all setups and disposable paper products.

Healthy Beginnings

Whole grain muffins, house made granola, organic yogurt and a fresh sliced fruit platter. Regular and decaf coffee, tea, all setups and disposable paper products.

Breakfast Frittata

Breakfast frittata filled with seasonal vegetables, fresh herbs, shredded Swiss cheese, and farm fresh eggs. Assorted muffins, yogurt loaves and pastries with a fresh sliced fruit platter. Regular and decaf coffee, tea, all setups and disposable paper products.

All American Breakfast

25 person minimum

Farm fresh scrambled eggs, french toast with syrup, home-style potatoes, sausage links and a fresh sliced fruit platter. Assorted muffins, yogurt loaves and pastries.
Regular and decaf coffee, tea, all setups and disposable paper products.

Buffet Lunches

BBQ Buffet

Select One Salad:
Tossed Salad, Potato Salad
or Cole Slaw

Select One Meat:
Bourbon Chicken Thighs
or Chipotle BBQ Pulled Pork

Skillet Corn
Baked Beans
Corn Bread & Butter
Assorted Cookies
Assorted Individual Coke Beverages and Bottled Water

Italian Buffet

Caesar Salad

Select Three:

Penne a la Vodka
Baked Ziti
Meatballs Marinara
Sausage & Peppers
Eggplant Rollatini
Chicken Parmesan

Fresh Rolls & Butter
Assorted Cookies

Assorted Individual Coke Beverages and Bottled Water

Tex-Mex Buffet

Sautéed Peppers & Onions
Rice & Beans

Select One or Select Two for

Shredded Spicy Chicken, Spicy Ground Beef or Spicy Blackbean Quinoa

Sour Cream, Salsa, Shredded Lettuce, Diced Tomatoes,
Cheddar Cheese, & Jalapeños

Flour Tortillas

Assorted Cookies

Assorted Individual Coke Beverages and Bottled Water

Executive Room-Temperature

Minimum 15 person order

Includes the following: Assorted Gourmet Cookies, Assorted Coke and bottled water, Fresh Rolls & Butter, and all disposable goods

Pick two entrees:

Panko Crusted Chinese Five-Spiced Chicken Cutlet

(Served with sweet chili sauce and spicy mayo.)

Grilled Italian Herb Crusted Chicken

(Served with roasted artichoke hearts, and plum tomatoes.)

Grilled Marinated Chicken Breast

(Served with mango red onion salsa.)

Roasted Tex-Mex Style Pork Loin

(Served with a spicy chipotle tomato sauce.)

Herb Roasted Sliced Bistro Steak

(Served with horseradish cream and charred tomato salsa.)

Asian BBQ Grilled Salmon

(Served with Napa vegetable slaw and sesame ginger dressing.)

Herb Grilled Salmon

(Served with charred tomato lime salsa.)

Seared Sesame Crusted Sushi Grade Tuna Loin

(Served with wasabi cream.)

Pick two seasonal salads:

Caesar Salad

(With crisp romaine, shaved parmesan cheese, croutons and creamy dressing)

Tossed Salad

(With shredded carrots, grape tomatoes, & cucumbers)

Baby Spinach Salad

(With Bermuda onions, sliced mushrooms, crumbled feta and seasoned croutons)

Baby Field Greens Salad

(With dried cranberries, gorgonzola, and candied walnuts)

Tuscan Pasta Salad

(With roasted red peppers, sun-dried tomatoes, spinach, shaved parmesan cheese, & pesto)

Toasted Orzo Salad

(With Kalamata and green olives, roasted red peppers, feta cheese, & oregano dressing)

Tabbouleh Salad

(With plum tomatoes, lemon juice, extra virgin olive oil, green onion, chopped parsley, mint and a hint of cilantro)

Grilled Asparagus

(With a roasted red pepper sauce)

Old Fashion Potato Salad

(With a classic mustard & Mayo base)

Garbanzo Bean Salad

(With cumin & tri-color peppers)

Grilled Seasonal Vegetables

(With a balsamic drizzle)

Cucumber, Tomato & Red Onion Salad

(With a lemon olive oil dressing)

Roasted Corn & Black Bean Salad

(With peppers & cilantro)

Organic Quinoa Salad

(With dried cranberries, corn, and spinach with a citrus vinaigrette)

Fresh Lo Mein

(With carrots, snap peas, broccoli, red peppers, & sesame ginger dressing)

Moroccan Cous Cous

(Garnished with golden raisins, apricots, & almonds)

Hot Entrees

Minimum 15 person order

Each of the following hot meals comes as a complete package and includes the following:

Choice of Salad - Garden Salad, Baby Field Greens Salad or Caesar Salad
Fresh Rolls & Butter, Choice of Gourmet Cookies or Fruit Tray
Assorted Premium Beverages and all disposable goods

Choice of any two side dishes:

Penne a la Vodka	Ziti Marinara	Spanish Rice
Garlic Mashed Potatoes	Pasta Primavera	Wild Rice & Cranberries
Country Mashed Potatoes	Red Roast Potatoes	Vegetable Rice Pilaf
Fresh Vegetable Medley	Green Beans & Mushrooms	Glazed Carrots

Choice of any one entree from below:

Chicken Francaise

(Boneless, skinless chicken breast cutlets dipped in egg batter and sautéed with lemon, white wine, and a hint of garlic.)

Chicken Teriyaki

(Boneless and skinless chicken breasts are seasoned, char broiled, and finished with a tasty Teriyaki Sauce.)

Chicken Cutlet Parmesan

(Classic chicken breast cutlet topped with marinara sauce and mozzarella cheese then baked.)

Bourbon Chicken

(Boneless, skinless chicken marinated and finished in our Tennessee Bourbon sweet and sour mash sauce.)

Roast Turkey or Roast Beef

(Fresh oven roasted turkey or roast beef, served with home-style gravy.)

Chipotle BBQ Pulled Chicken

(Slow and Low Smoked BBQ chicken with a spicy dose of Chipotle.)

Chicken Marsala

(Boneless, skinless chicken breast cutlets dipped in egg batter and sautéed with mushrooms and Marsala wine.)

Chicken Cacciatore

(Boneless, skinless chicken thighs, sautéed with mushrooms, onions, & peppers in a light tomato sauce.)

Grilled Lemon Peppercorn Chicken Thighs

(Boneless chicken thighs seasoned with lemon and peppercorn, served with sautéed spinach.)

Citrus Marinated Roasted Chicken

(Fresh roasted chicken breasts, topped with a red onion mango salsa.)

Chipotle BBQ Pulled Pork

(Slow and Low Smoked BBQ pork with a spicy dose of Chipotle.)

Sausage & Peppers

(Smothered in a rich tomato sauce w/ sautéed peppers and onions)

Penne a la Vodka w/ Chicken or Veggies

(Penne pasta tossed in creamy tomato vodka sauce with your choice of fresh sautéed vegetables OR slices of boneless chicken breast.)

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Meatloaf or Turkey Meatloaf

(A classic favorite served with home-style gravy.)

Individual Vegetable Lasagna Pinwheels

(Spinach, red peppers and spices, blended with fresh Ricotta, Mozzarella and Romano cheeses rolled into individual mini lasagnas.)

Meatballs Marinara

(Tender all beef meatballs simmered in a rich marinara sauce.)

Stuffed Eggplant Rollatini

(Thinly sliced eggplant, filled with a three cheese mixture, topped with marinara sauce & mozzarella cheese.)

Our Own Macaroni & Cheese

(The ultimate comfort food great on a cold autumn or winter day.)

Hibachi Steak Teriyaki

(Sliced bistro steak with our secret marinade, charbroiled and sliced on the bias.)

Yankee Pot Roast

(Beef cooked slow & low in a rich brown gravy & roasted mirepoix.)

Roasted Salmon

(Topped with charred plum tomatoes, jalapenos, red onions, and cilantro.)

Tuscan Grilled Salmon

(Served with a pesto fennel remoulade sauce.)

Miso Glazed Salmon

(Sweet & salty miso, brown sugar, and soy glazed salmon.)

Hot Entrees



B

Outdoor Cookout

On the Grill:

One Third of a Pound Steak Burgers

Natural Casing All Beef Hot Dogs

Vegetable Burgers

With Lettuce, Tomato, Sliced Bermuda Onion, Cheese, and Pickles
Mustard, Mayo, Ketchup, Sauerkraut, Rolls/Buns

Select One:

Boneless Skinless Bourbon Chicken Thighs

Chipotle BBQ Pulled Pork

Includes:

Fresh Watermelon

Gourmet Cookies and Brownies



Outdoor Cookout

Select Three Salads/Sides:

Garden Salad with Cucumbers, Grape Tomatoes, and Carrots

Cucumber Tomato and Red Onion Salad with a Lemon Olive Oil Dressing

Fresh Lo-Mein Noodle Salad with Carrots, Broccoli Florets, Snow Peas,
and Red Peppers in a Sesame Ginger Dressing

Cumin Spiced Garbanzo Bean Salad with Tri-Colored Peppers

Old Fashioned Potato with Creamy Mustard Dressing

Quinoa Salad with Toasted Corn, Dried Cranberries, Scallions, and Mint Citrus Vinaigrette

Grilled Asparagus Drizzled with a Roasted Red Pepper Sauce

Roasted Corn and Black Bean Salad with a Cilantro Lime Vinaigrette

Spicy Cumin Vegetable Salad with a Pinch of Hot Pepper

Toasted Orzo Salad with Kalamata Olives, Roasted Red Peppers, Feta Cheese, Spinach, and an Oregano Dressing

Tuscan Pasta Salad with Roasted Red Peppers, Sun-Dried Tomatoes, Spinach and Pesto,
Garnished with Shaved Parmesan Cheese

Creamy Coleslaw Shredded Cabbage and Carrots with a Celery Seed Dressing

Traditional Macaroni Salad with Elbow Macaroni, Celery, and Bell Peppers, with a Creamy Mayo Dressing

Spicy Cumin Vegetable Salad with a Pinch of Hot Pepper

Farm Fresh Grilled Vegetables with Fresh Herbs and Balsamic Drizzle

Corn on the Cob

Baked Beans

(Staffing fee not included in package price, fee dependent upon guest count)

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Salads Plus

All salad packages include a fresh grilled vegetable platter, rolls & butter, cookies or fruit

Choose one salad package from below

Ultimate Grilled Chicken Caesar

Romaine Lettuce with shaved parmesan cheese, grape tomatoes, croutons & caesar dressing. Served with a platter of boneless, charbroiled, sliced chicken breast.

Bourassa Chef Salad

Fresh Romaine lettuce and Mesclun field greens topped with an array of fresh garden vegetables and black olives. Dressings on the side. Served with a platter of Turkey Breast, smoked ham, sliced chicken, roast beef & shredded cheddar cheese.

Asian Chicken Salad

Romaine hearts with sugar snap peas, carrots, and Mandarin oranges, with Asian Sesame Ginger Dressing. Served with a platter of Chinese five-spice panko breaded chicken.

Southwestern Salad

Baby field greens, roasted corn & black bean salsa, and tomatoes, with Lime Chipotle Dressing. Served with a platter of boneless charbroiled sliced chicken breast.

Buffalo Chicken Salad

Romaine Lettuce, Grape Tomatoes, Crumbled Blue Cheese, Croutons, & Blue Cheese Dressing. Served with a platter of breaded chicken tenderloins tossed in a spicy buffalo sauce.

Classic Greek Salad

Baby Field Greens, Red Onions, Cucumbers, Kalamata Olives, Feta Cheese, Stuffed Grape Leaves, & Herb Italian Dressing. Served with a platter of boneless charbroiled sliced chicken breast.

Sandwiches Plus

All sandwich packages include your choice of tossed salad, pasta salad or potato salad, cookies or fruit

*Add Individual Bags of Chips
*Add 2nd Side Salad

Standard

Assortment of Sandwiches, Sandwich Petites, or Wraps:

Chef's Choice of FIVE traditional fillings, such as:

smoked ham, grilled chicken breast, tuna salad, roast turkey, roast beef, chicken salad, and grilled vegetables, topped with lettuce, tomato, mustard/mayo, and cheeses.

Deluxe

Assortment of Sandwiches, Sandwich Petites, or Wraps:

CHOOSE FIVE from the Deluxe Fillings below:

Roasted Eye Round of Beef - Fresh Roast Beef with Gorgonzola, Roasted Red Peppers, Baby Field Greens and Rosemary Aioli

Tuscan Style Grilled Chicken - Herb Marinated with Sun Dried Tomatoes, Artichokes, Baby Field Greens, and Pesto Mayonnaise

Roast Turkey - Fresh Roasted Turkey with Bleu Cheese, and Mayonnaise

Balsamic Glazed Vegetable - Farm Fresh Grilled Vegetables, Feta Cheese, Spring Mix, and Balsamic Glaze

Santa Fe Chicken - Sliced Grilled Chicken with Fresh Roasted Corn and Black Bean Salsa, Spring Mix, and Chipotle Mayonnaise

Ham and Brie - Smoked Ham with Field Greens, Triple Cream Brie, and Our Own Honey Mustard Sauce

Tuna Salad - Mixed with Mayonnaise, Celery, Salt and Pepper, Topped with Field Greens